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**Name: Shila Thapa Chhetri**

Address: Kapilvastu, Nepal   
Phone: +977-9860945135  
Email: shilakshetry@gmail.com  
Date of Birth: 04/17/1998 A.D

Permanent Address: Banganga-2, Kapilvastu, Nepal

Marital Status: Unmarried

Sex: Female

Nationality: Nepalese

NCLEX Licensure State: Passed

**Objectives**

* To build a long- term career in healthcare with opportunities for career growth.
* To use my skills in the best possible way for achieving the company’s goals.
* To gain tremendous accomplishment in my professional career.
* Utilize my knowledge and skill to improve patient satisfaction in an effective manner in a challenging position.

**Work Experience**

1. **Job Title**

Unit: I.C.U. + Medical-Surgical Ward

**From: 28/03/2021 - Till to date**

**Duty Hours: 48 Hours per weeks**

**Hospital Name: Siddhababa Hospital and Research Centre Pvt. Ltd.**

Hospital’s Address: Butwal-8, Rupandehi, Nepal

**Duties and Responsibilities:**

1. Patient care responsibility for 5-6 patients in each shift in medical- surgical ward.
2. Perform patient assessment such as identification of the patient’s mental and physiological status, cardiovascular and respiratory status, pain, prosthetics or corrective devices, anxiety and allergies, medications, and drug abuse.
3. Enhance paperwork such as consent and insurance forms were all properly documented.
4. Advocates needs of and assists patient and significant others in receiving proper care during hospitalization.
5. Coordinates with the patient, family, Ed, PACU, ICU, or direct admit patients from home or physician’s office and assign to appropriate room and nurse on duty.
6. Coordinates with the patient, family, social worker, and attending physician in planning and facilitating discharge and continuing needs for home care or transfer to an extended care facility.
7. Administered prescribed medications as determined by the patient’s condition (i.e. via CVP, IV, Sub-Q, IM).
8. Performing physician’s orders properly and counter checked.
9. Performed procedures like infection prevention, IV cannulation, NG tube insertions, catheterizations, wound care, drain management and removal etc.
10. Updating charts, patient files and medical records.
11. Started, maintained and discontinued intravenous lines for administration of fluids, blood products, and medications.
12. Attended continuous staff training classes conducted by the hospital. Had a good interpersonal relationship with co-workers and priority-based interventions.
13. Communicated with patient’s family members and provided teaching and emotional support before and after any procedure.

**Case Handled:**

* Hypertension
* Congestive heart failure
* Myocardial Infarction
* Diabetes Mellitus
* Pneumonia
* COPD
* Respiratory Failure
* Pulmonary Tuberculosis
* AKI and CKD
* Renal Failure
* Appendicitis
* Cholelithiasis
* Acute peptic disease
* Major and minor pre and post OP surgical cases
* Seizure

**Equipment Used:**

1. Blood Pressure Cuff, Thermometer, Pulse Oximeter, stethoscope
2. Ambu bag, oxygen mask
3. Cardiac monitor
4. Syringe pump
5. Suction machine
6. Infusion pump
7. Mechanical ventilator
8. BiPAP machine
9. ECG machine
10. Glucometer
11. Laryngoscope etc

**Specific hospital information:**

Siddhababa Hospital and Research Centre Pvt. Ltd.

Private hospital in Butwal city with facilities like outpatient and inpatient departments services like I.C.U., P.A.C.U., Medical-surgical ward, private cabin, Dialysis facility, Radiological department, 24 hour emergency services, physiotherapy, pharmacy and medical laboratories facility. Some of the major and minor general surgical operation is also performed. Performs special procedures such as laparoscopic surgeries, Dialysis, Pulmonary function test, ECG, ECHO, TMT, ABPM, Holter monitor, EEG, EMG, ABG analysis.

**Education**

* Graduated on December, 2020

**Bachelor’s Degree (74.75%)**

Lumbini Medical College and Teaching Hospital, Kathmandu University, Palpa, Nepal

* Graduated on Sepetember, 2016

**+2 (60.60%)**

Tilottama Higher Secondary School, Rupandehi, Nepal

* Graduated on June, 2014

**S.L.C (77.38%)**

School’s Name: New Life Secondary School, Nawalparasi, Nepal

**Licensure and Certificates**

1. Nepal Nursing Council (Registered Nurse)

2. Texas Board of Nursing; NCLEX passed on April 25, 2023

**Language**

1. Nepali
2. English
3. Hindi

**Specializations and Skills**

* **Specializations:** Specialization course in Critical Care Unit/ Intensive Care Unit in Bachelor Degree Level.
* **Skills**: Self-Motivation

Adaptability

Ability to work under pressure

Creativity

Time Management

Team Work

Communication

Decision Making

Problem solving and critical thinking

**References**

**Dr Yaman Chandra Pradhan**

Hospital Director, Siddhababa Hospital and Research Centre Pvt. Ltd

Email: [siddhababa.hospital@gmail.com](mailto:siddhababa.hospital@gmail.com)

**Dr. Koshish Shrestha**

Medical Officer, Siddhababa Hospital and Research Centre Pvt. Ltd

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**RN. Anu Sapkota**

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